

# Healthy Living & Longevity Globalizer Summit 2024

Madrid, Spain

## Logistics Pack for Fellows

# Welcome to the Healthy Living & Longevity Globalizer Summit 2024

## Dear Fellows and Team members

We are thrilled to have you join the Healthy Living and Longevity Globalizer Summit. To ensure that your experience is both enjoyable and stress-free, we have put together this guide to provide you with essential information regarding the logistical and Agenda details.

This year the two-day, Healthy Living and Longevity Summit will be held in Madrid, Spain the 6th and 7th June.

These days will be divided into two major themes:



Day 01: June 6, 2024

### **Strategy Day**

- Strategies for systems change in Healthy Living and Longevity
- Conversations with Strategy Thought Partners



Day 02: June 7, 2024

### **Leadership Day**

- Fellows strategic systemic goals
- Changemaking and systems change leaders.
- Peer-to-peer circles

# Logistics Pack



## Summit Venue

### Universidad Camilo José Cela, Campus Castellana

Address: C. de Juan Hurtado de Mendoza, 4, Chamartín, 28036 Madrid, 3rd Floor

Website: [www.ucjc.edu](http://www.ucjc.edu)

See map : [Directions](#)

## Accommodation

### Hotel Luze Castellana

Address: C. de Julián Besteiro, 37, Tetuán, 28020 Madrid.

Telephone: +34 948 987 153

Website: [www.luzehotels.com](http://www.luzehotels.com)

See map : [Directions](#)



# Local Transportation Guide

From Adolfo Suárez Madrid-Barajas Airport to Hotel Luze Castellana, one can use: (Note: Ashoka will not refund domestic transportation costs)



Metro



Uber

## For Uber Route:

Ensure you download the the UBER App on your phone and order a ride. This can cost 30 Euros

## Metro Route:

Depart from either

- Terminal 1
- Terminal 2
- or Terminal 3 based on your arrival.

Take the metro and alight at Nuevos Ministerios, walk for one minute and change metros

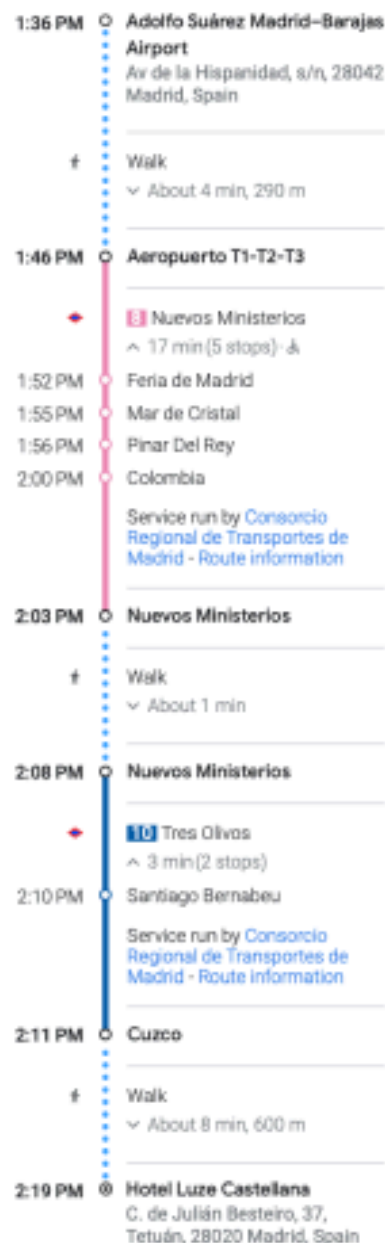
Last stop: Cuzco

Duration: 43 minutes.

Frequency: Trains depart every 6 minutes.

Cost: 5€.

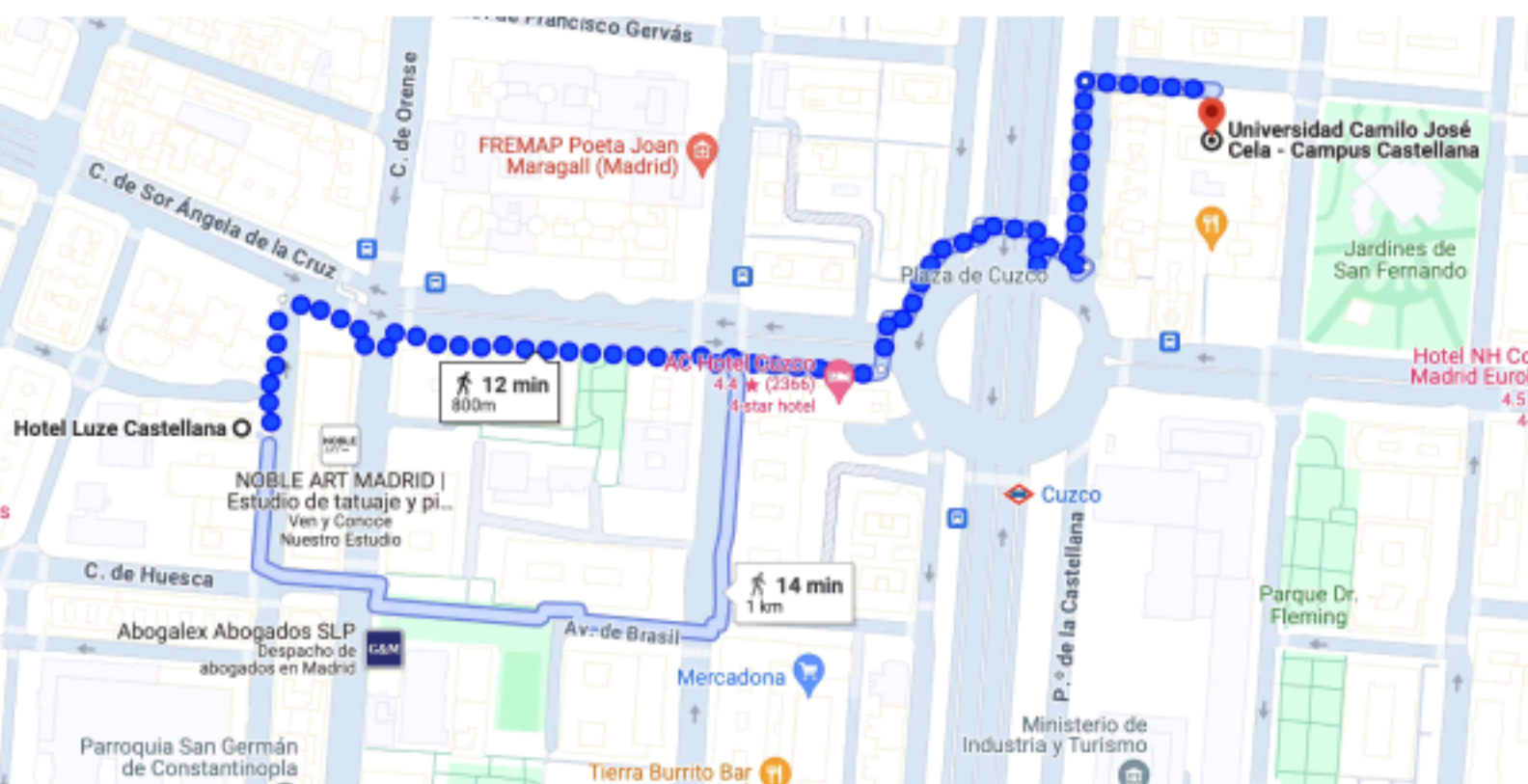
Upon arrival at Cuzco Metro Station, exit the station. Walk for 8 minutes to reach the Hotel.



# Summit Venue

From Hotel Luze Castellana to Universidad Camilo José Cela, Campus Castellana (UCJC):

- Walk for 12 minutes.
- Alternatively, take a car for a 5-minute journey.



Find my location:



# General Information



Here are a few key reminders:

- 1. Weather:** As we approach summer in Spain, expect warm and sunny days. It's a good idea to pack light clothing and perhaps a jacket for cooler evenings.
- 2. Chargers:** Spanish outlets typically have two-pin sockets. Don't forget to bring adapters for your laptop and phones.
- 3. Time Zone:** Spain follows Central European Summer Time (GMT+2).
- 4. Currency:** Euros are used for transactions. While credit cards are widely accepted, it's wise to carry some cash as well.
- 5. SIM Card:** Upon arrival at the airport or within the city, you can easily acquire a SIM card and set up internet services at any Vodafone, Orange, or similar centers. This can cost 20 Euros



## For help: Please reach out to:

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